

Healthy Cooking Demonstration

By Celebrity Chef Melvyn

Date : Saturday, 7th July 2018
Time : 9:30 am to 12:30 pm
Fees : \$12 per pax
Highlights : Food tasting & recipes
Venue : SHF - Heart Health Hub
190, Middle Road, Fortune Centre (Retail Section) #04-34, S188979

Recipes :

- Sangria Cocktail with Fresh Fruits and Herbs
- Healthy Thai Seafood Vermicelli Salad
- Homemade Potato Rosti with Cured Salmon and Dill Infused Yogurt

To reserve a seat, please call 6336 9337 or visit hwc.myheart.org.sg

Chef Melvyn Lee



Chef Melvyn Lee, one of the greatest new generation identities in Singapore's culinary scene, has an amazing talent and personality that have skyrocketed him into the spotlight. He had starred various travel and cooking shows including his very own travelogue show "Accidental Chef". After his Accidental Chef series, he was endorsed by multiple companies and expanded his television capacity making special appearances in more than 30 programmes.

Melvyn was trained at the culinary school At-Sunrice GlobalChef Academy. After graduation, he worked his way up as an apprentice in an Italian restaurant and further honed his culinary skills in the kitchens of renowned Al Forno and Il Lido. With experience, passion and dedication, he became a private chef where he began the road to culinary masterpieces. Now better known as the Asian Food Soldier, Melvyn continues to pursue an evolution and unique style that merge the boundaries between Asian and Western cuisines and showcases innovative recipes for food lovers to enjoy.

Brought to you by

